

## Extract from Healing with Dreams in the New Age

*by George Rhatigan*

We know that cigarettes, radiation, and animal fats, feature in the creation of this serious illness but are they the cause? Over the years in which I have studied these problems, I was particularly interested in the dreams of those who had already contracted cancer. From this I was able to establish patterns and found that people at risk were being warned in dreams of the possibility of getting the disease.

The charity Cancer Research has published figures for the year 2015 showing the incidence of cancer in the U.K (England, Scotland, Wales and Northern Ireland); Lung; 35,371, Bowel 16, 187, Breast 11,716, Prostate 10, 837. Over the past 10 years the incidence of liver cancer has increased by 60% while breast cancer has doubled. The charity also shows that we are living longer with our cancers – no doubt due to improved methods of managing the illness. We are also told that the biggest killer after cancer and heart illness is medically prescribed drugs. Healing by natural means - regardless of how strange or unusual that might be, and looking for the cause of the problem should go hand-in-hand with medical advice.

But what has caused this huge increase in cancer? Cigarettes, lifestyle and radiation from the sun were the usual suspects and obviously are a contributory factor. Lately, however alcohol, obesity and, believe it or not eating burnt toast are also being suggested as causes but the evidence is not convincing and does not explain the increase. If, anything we are all more conscious of the need for proper diet and exercise. This is where dreams come in. They can give adequate and timely warning of the approach of an illness, indicate the psychological cause, comment on the effectiveness of any treatment, the extent to which the patient is willing to help himself or herself and the most likely outcome. So, what have they to say about the increase in cancer and other illnesses?

### **How does the risk of cancer appear in dreams?**

Cancer begins when a body cell becomes renegade. It grows and multiplies and unless treated or removed can destroy the body. It appears in dreams as a low-class or mutated animal, insect, living organism or growth form such as a rat, mouse, squirrel, fox, shark, worm, woodworm, rust etc. The pattern of its growth and multiplication also manifests in dreams. It might appear as a rat or mouse burrowing its way into the body

and growing inside us. For example, a man dreamt that a worm "*jumped out of meat on the frying pan, fell to the floor, got in under the cooker and started producing young*". In his case the vulnerable area would be the digestive tract. Cancer of the colon is common and fatty meat is to be avoided. But is it the cause? Is it as accurate to say that cigarettes, radiation, animal fats and pollution cause cancer as to say that bombs and guns cause war? Wars are caused by reactivating old scores, ancient grievances and hurts that have never been properly dealt with. Bombs and guns are simply handy weapons. This is also true of cancer. It begins in the mind and emotions where it remains dormant or semi-dormant for years and then it erupts like a war when painful incidents in present time remind us of the past. The resultant hurt and pain eats into the harmony of the body and creates the illness. It is also true to say that pollution of the digestive and circulatory systems and cigarettes can be important factors to the extent that they assist us on the path to self- destruction.

### **Positive Self Talk**

It is very important, if you wish to avoid cancer to get into the habit of positive self-talk.

Talking to your testicles might seem comical but, believe me cancer is no joke!

In the case of a male experiencing dreams where cancer is indicated in his testicles, for example, this dreamer should speak to his genitals several times a day especially in the bath or shower and tell them how much he loves and appreciates them. It is well known that telling a baby, a dog or a plant how much it is loved and wanted can have a positive effect – so why not talk to body parts, especially if they are in the process of self-destruction.

Women's anger against their reproductive organs focuses on the ovaries, uterus and breasts all of which can produce cancer. Consider the following dream from a young woman; "*I was living in the gate lodge [pun-"gynecological"] of the Phoenix Park – [a large enclosed fertile area =the uterus]. When I came down for breakfast [my birth] I was upset to find that my boy-friend [symbol for Dad] had left without saying "Good-bye". He had left a plate of cold, scrambled eggs*". The dreamer is making herself infertile (scrambled eggs) because she believed her father rejected her because of her gender.

Here is a similar female's dream; "*I was back in the farm where I lived as a child. The hen-house was in a filthy condition with hardened bird droppings [mucus pollution] blocking access to the eggs*". This dreamer learned to re-enter this dream on a regular basis and clean out the hen-house. This enabled her to re-train her subconscious and

clear the Fallopian tubes. She later became pregnant.

The following dream is from a woman who had suffered a number of miscarriages: *"I was cleaning a gent's urinal but I was using a very harsh, abrasive scourer and the enamel lining of the urinal bowl was coming off"*. **Interpretation**- It is clear that she is creating her own miscarriages by taking the lining off her womb [the urinal bowl]. This is because of her sub-conscious belief that this part of her body is dirty. In actual fact she was sexually abused as a child so the additional negative belief –"My body is for men to use" contributes to the problem. She underwent the process of 'Cutting the Ties' with the person who molested her and was soon rewarded with a beautiful baby boy.

Another woman in her 30's who had had a hysterectomy dreamt that she was sitting in a small toilet. The window had been broken inward and there was no door. To add to her discomfort, onlookers and passers-by were telling her to "hurry up". Two men appear and tell her that they have come to repossess her microwave oven. "Good" she replied "I don't want it. It's dirty". **Interpretation**; Ovens in a dream can represent the uterus. Indeed, the process of producing a baby is a woman's great work of creation ["bun in the oven"]. Because her femininity was –in her eyes unwelcome [Her father wanted a boy] she disrespects her creativity. Her early toilet training did not help. Finally, the window being broken inward shows how she is bringing pain [pun for 'pane'] on herself and making herself ill.

## Breast Cancer

The incidence of breast cancer per head of population in the U.K. has doubled over the last 10 years. So, is it contagious? Well, yes in a way. Dreams indicate that cancer is caused by a negative state of mind which can be 'picked up' telepathically from parent to offspring, sibling to sibling or even between people in a community or country. This is called the 'collective consciousness.' Once established the illness can get into the genetic system and be passed on to the next generation. If within the family or community the collective consciousness extols the value of a career for women above that of motherhood then breast cancer can become more likely. Dreams indicate that mental/emotional conflict as women try to deal with the roles of breadwinners and mothers, combined with genetic factors have led to the spread of this illness. Moreover, many women trying to compete with men in the commercial world can also develop too much male energy – and glandular/ hormonal imbalance. If the woman sub-consciously believes that mothering is holding her back or limiting her career it can create mental conflict, stress and subsequent illness. The breast – symbolic of how a woman gives of herself to her children can become the target of negative, toxic energy – a recipe for

cancer. Mothering can be stressful and women cannot release this stress by expressing any negative feeling they may have on the subject for fear of being regarded as a 'bad mother'. They may also have seen their mothers struggling to cope with too many children. The process of 'Cutting the Ties' with Mother could help them. (See Chapter 2 and website)

Cancer people tend to cover up or deny these negative feelings and few women will openly complain about mothering. Nevertheless, it would be good therapy if she could "get it off her chest" and express her true feelings on the subject.

The danger of breast cancer usually appears as upper-body clothing esp. bras, bodices or cardigans being lost, damaged, burnt or stolen e.g. from a clothes line. If the dream takes place, as one woman's did in Manchester [pun; man's chest] then the meaning is obvious. Dream of clothes lines or jeans would indicate the family line and genes as in genetic inheritance. It should be said have or will get cancer. At any point in time you can change and develop a more positive outlook and attitude. This book and the techniques and therapies I recommend can help you to avoid illness and have a more positive future but keep in mind that you should consult your doctor and get regular check-ups.

### **Cures for Cancer?**

Billions of dollars, pounds and Euros are spent annually on finding a cure for cancer. In spite of this, the illness is now so prevalent that **one in two of us** - according to the British Medical Association will get the illness. Unfortunately, most of this investment goes into chemical and surgical procedures which, although good and useful are not the complete answer. This is like continually doing the same thing and expecting a different outcome. Is it not time to consider new solutions? Of course, we must make full use of every new scientific and medical procedure but why treat the sufferers like children and leave them with the feeling that they are helpless and not, at least to some extent responsible for its creation or cure? It should also be remembered that the pharmaceutical industry is a business and remedies that control rather than cure are more profitable. If a chemical were produced that would cure an illness you would only need to buy it once whereas remedies that control illness must be purchased forever and are more cost effective. So, perhaps it's time for people to take responsibility for themselves. Also, modern drugs are becoming so expensive that they will soon be out of reach of the ordinary citizen.

The message of dreams may seem cruel but it is simple and true. : Since your

subconscious mind created your cancer you can also heal it-before it's too late. To do this you must understand yourself and release negative aspects of your personality such as being judgmental and blaming yourself (self-hatred). So, what causes cancer and why does the immune system fail to kill it? Dreams indicate that repressing negative emotion is constantly creating toxic energy and minor outbreaks of the disease in the body. These are swiftly quelled by the white blood cells and antibodies of our immune system. This happens so quickly and efficiently that the disease does not manifest in physical form. Why then does the system sometimes break down and the cancer gets established? The answer lies in our subconscious mind. Learning how and why it kills one person and not another is the key to finding a cure. The first lesson of war is to know your enemy.

The resentment, hurt, grief, guilt or anger that eventually leads people to sub-consciously condemn themselves to cancer can spring from incidents that happened at birth or in early childhood. When looked at from the viewpoint of an adult, these incidents may seem trivial but because children cannot evaluate objectively when unpleasant things seem to be happening to them, such incidents tend to assume massive proportions. Re-entering dreams or hypnotic regression can be helpful in getting negative memories into perspective, forgiving those apparently responsible, forgiving ourselves, and releasing repressed negative energy can all help the curative process.

The process by which we create cancer tends to be a five-phase development. ***Phase One – Negative Emotion creating Toxic Energy.*** This phase may begin at birth or early childhood ( usually up to the age of 7) by seemingly being ignored, critically judged, or apparently rejected, or abused physically, psychologically or sexually by parents or others who have control over us.

Unresolved grief at the death of our parents, anger because they apparently ignored or rejected us, hurt or pain at other injustice within the family, sibling rivalry and other similar human emotions would seem unlikely candidates for causing cancer but yet these are the very 'bones of contention' on which the disease thrives. Young children try to make sense of what seems to be happening to them in present time by recalling memories of former lives – especially those incarnations in which they knew their parents or siblings before. If the newcomer feels guilty for causing his mother pain at giving birth to him he can create a connection or bridge between that life and one in which he committed atrocities. As a result he can sub-consciously feel the need to

atone. If he knew his father in a life in which the latter murdered him he can harbor what would seem like unwarranted resentment at the parent. It is only when dreams put such traumatic incidents into their proper place in the chain of cause and effect that we can appreciate their importance. Recent studies and experiments indicate that thinking badly about yourself or someone else for more than sixty seconds can create negative energy in the body and can alter the molecular structure and chemical composition of the blood. Dreams link this to chronic illness including cancer.

***Phase Two- Repression of Negative Memories and Emotions:*** This is when we repress these feelings as being socially unacceptable or unworthy of us. There is always this aspect of repressed or covered up anger, pain or guilt in cancer cases. A good example of this is when mothers repress their anger or resentment at the burden and limitation involved in giving birth and nurturing children. Motherhood is a 'sacred cow' and expressing any emotion other than joy in relation to the subject is socially unacceptable. The end result can be breast cancer. Look for mention in dreams of something obnoxious e.g. skeletons, blood-stained sheets, daggers, guns etc. in presses, closets, cupboards (at breast level would suggest the lungs or breast) underground (the colon, etc) in bottles or other containers (cancer risk in other places). The use of the words 'covered up' can also illustrate this. For example, people who were sexually abused can carry a sense of guilt and associate this with their reproductive system. Consider this dream from a man of 70 who had his cancerous prostate gland removed; *"I was being chased through the jungle by a man-eating tiger. I was carrying a very young child which I hid in the fork of a tree and covered him up"*. The man-eating tiger represents an aggressive form of cancer. The fork of the tree is indicative of his pubic area. The dreamer was sexually abused at the age of the child in the dream.

***Phase Three – Dirty Colon, Creation and Transport of Cancer Cells.*** Dreams suggest that cancers can be created in the colon and move throughout the body via the blood stream. The ancient philosopher Hippocrates, the 'Father of Modern Medicine' from whom we get the Hippocratic Oath which is still taken by doctors today used to say: "death (cancer?) lives in the colon and when your time comes it emerges and goes to its (appropriate) place". The body is a physical reflection of the mind and, for example if we are unable to assimilate new ideas and eliminate old ones then the physical process of assimilation and elimination comes under pressure. There may be things about life we simply cannot 'stomach' or release. Hurt and pain which we cannot forgive can cause harmless substances, normally taken into the body as nutrients to turn into cancer-producing agents.

When the mechanism is created for creating cancer the next step is to decide on what

part of the body to attack. This is decided by the sub-conscious mind and the area designated will have some sub-conscious significance. The lungs might be chosen because we are tired of life, the genitals from sexual guilt, the breast if we have difficulty giving of ourselves in mothering, the stomach from an inability to accept, the colon because we cannot 'let go'. The list is lengthy.

Cancer appears in dreams as a lower animal or life form and the target area is often indicated as the location - *the sub-conscious focus of attention* - i.e. the part of the building into which the negative animal decides to eat, live, exist, produce young etc. This area is accessed via the blood stream and pollution of the digestive/circulatory system appears to be a factor. Depiction of a dirty or less-than-sterile environment is typical of cancer-warning dreams. Look for rats or worms eating dead bodies in filthy old houses (*the body*), weeds growing under neglected cement pathways often referred as 'the back passage' (*the colon*). Such puns are often used to illustrate cancer in the target area. A toxic or slow moving bowel can provide an ideal breeding ground for cancer which, as indicated by dreams is then transported to a symbolically significant destination. This might be illustrated by a vehicle carrying negative life forms from an underground sewer to a specified location on a map via a network of 'arterial' roads. If the designated area is the mouth of a river it would suggest the throat while the estuary might indicate the uterus – especially if ships are 'berthed' there.

The word 'cancer' is often used directly in a dream as when a person in authority, usually a doctor or nurse, says you are at risk from the disease. This can only be taken literally if the dream goes on to elaborate *how* and *why* it is so. As every dream gives *Cause* and *Effect* it will not only indicate the possibility of contracting the disease but will also explain *why* you are at risk.

***Phase Four – Death Wish and Failure of the Immune System*** is when the body decides to accept rather than destroy the cancer. Naturally this choice is made sub-consciously since no rational mind would consciously accept cancer. Simply to dream of rats, man-eating tigers, sharks, worms or other destructive life forms, and their growth or propagation, does not necessarily mean that a person is seriously at risk. It simply means that we need to resolve whatever is 'eating' us' psychologically. Other details in the dreams make it clear whether or not we sub-consciously wish the cancer cells to survive. If in such a dream we kill, stun, or scare off the negative animals, pull the worm out of the body, or remove the weeds - taking care not to leave any roots in the ground then this can be taken to mean that we reject it. These are good symbols of a healthy immune system at work. If rats symbolize cancer cells in a dream then terrier dogs can indicate the immune system. If the latter are lazy, inactive or exhausted in your dream

then consider re-entering it and getting them to do their work.

The cancer can survive if we decide to allow it to do so. This is usually because we are tired of living or wish to make a statement by our death – e.g. to be a martyr. The latter option is more common with cancer in younger people and may appear in cancer-risk dreams as self-destruction. These include scenes of crucifixion, Jesus Christ, or someone making a statement in an extreme or extraordinary fashion. Consider the following dream from a woman in her late 30's who was diagnosed as being in a pre-cancerous state; *"I was walking along the banks of the river which flows through the town where I live. The 'service entrance' to the shops is accessible from this area. I was horrified to find there a man and a woman who were horribly mutilated having been crucified. They were still alive but further up I found a dead man who had also been crucified."* The dreamer had been given up for adoption at birth and sub-consciously she carried a death-wish program or martyr complex. The "service entrance" of the shops confirmed that cancer was being created in the cervix. She was cured by 'Cutting the Ties' (releasing and forgiving her parents and herself for the adoption) and re-entering and changing her dreams.

Some personality types are more likely to get cancer than others. One tends to be extraordinarily tireless and self-sacrificing in pursuance of some worthy cause. These people will, in waking life, be found in crusades against injustice, anti-abortion rallies, 'save the whale' marches or heroically walking for charity with, perhaps one leg eaten off by cancer. Naturally they gain admiration and respect but if we were to access their dreams we would find it is anger and resentment at apparent personal injustices in their youth that is actually 'eating' them rather than the cause in hand. The second type of cancer-prone personality is the person who gives up on life. This occurs when incidents in the present simulate events from the past and reactivate old resentments, pain, and anger. When it all becomes too much to bear, the sufferer 'pulls the plug' and activates the death wish. Indeed, arguably this may be the process by which most of us die. We have all heard accounts of elderly couples in which one partner dies and, within a short period, the other gets cancer and follows. Is there an element of choice in this illness? Yes, but the option is taken sub-consciously. Sometimes it is the shock of some recent trauma which can incapacitate the immune system and activate the illness.

The self-defence mechanism responsible for fighting off disease is controlled by the sub-conscious. This part of the mind is super-efficient and will continue to support the physical body unless it receives orders to the contrary. Outside factors can have such an emotional impact that the sub-conscious turns to a self-destruct mode. The death of a husband is upsetting for most women but can be even more traumatic if it parallels the

circumstances of her father's death. Particularly if the woman did not fully grieve, release and resolve the original event.

Resentment at being passed over for a promotion in his job can cause a man to reactivate feelings of rejection by his parents. Infidelity in a marriage echoes injustice within the original family. All or any of these feelings can produce a death wish and the sub-conscious, in true computer fashion, responds to this new impetus by retarding the immune system. For most people, dreams are the only way of knowing what is going on in this area of the mind. A death wish appearing adds urgency to any health dream.

Dreams taking place in cemeteries or slaughter houses or in which you find yourself following someone who has died – especially of cancer, going through a series of doors, or terms are used such as 'crossing over to the other side of a road or river, leaving the cinema before the end of the movie, going home, black curtains, etc. can indicate the death wish or program. This is like an escape clause that a young child can sub-consciously install especially if he or she feels unwanted or unloved.

The relationship a young child has with death can be difficult for an adult to understand. The newcomer, as a spirit has recently arrived from what was a better place to take up occupancy in an unfamiliar animal body in a strange, uncertain world. He or she can feel threatened and tries to make sense of what is happening. Children have greater access to long term memories. They can remember having lived and died before and can regard death as simply a door into another dimension. They search these archives to find parallel memories. Having the umbilical cord tighten around the neck while in the womb is obviously frightening but it would be even more so if we were hanged to death in a former life. Not being acceptable because of having a female body is frustrating but we would feel this even more intensely if, in a former life being female brought on suffering or death. In some cultures, unwanted female children are killed. If a child feels that he has made a mistake by being born to a particular set of parents he is able to activate the self-destruct mechanism. This can easily be done within the first two years when his spirit is less attached to the physical body and, according to the Guides can result in what we call a 'cot death as the child's spirit simply leaves the body. The death program or option can be put on hold and reactivated in later adult life. Such events as the death of a loved one, financial setbacks, marital breakdown, career problems, or any other experience about which the person feels deeply may be sufficient to push the button and begin the countdown to death. This can cause the immune system to break down and illness follows.

Cancer can even be used as a weapon, to make a point, be a martyr, to punish parents

or others for real or imagined wrongdoing. This may also result in the death wish. In later life, this programming may be forgotten by the conscious mind but the subconscious can remain programmed and will, like a time bomb, await further lethal orders. In the meantime, whatever 'eats' or annoys this individual will continue to produce minor outbreaks of cancer which never come to maturity.

*Phase Five – The lessons involved in the experience* of having cancer or any chronic illness must be understood if a complete and permanent cure is to be achieved. Becoming ill may seem to be a totally negative experience but important lessons can be learned even if they remain in the sub-conscious and never come to conscious awareness. "Why me? How can God allow innocent people to suffer such pain? What did I do to deserve this?" These are frequently asked questions but it is only when the patient realizes he is responsible for his own suffering that he can begin the healing process. If extreme reactions to his parent's shortcomings brought on the illness perhaps he could be more moderate, more forgiving, more tolerant or more patient.

These lessons can be illustrated in dreams and we must look for healing agents displaying the necessary good qualities. Has the sufferer learned enough tolerance, love, patience, or whatever? If so, there may be no further need for the illness. What psychological purpose did the illness serve? Can this be now released? In other words, if the illness was used to get attention, punish a parent for something he or she did or did not do has this been achieved? If, as may have been indicated by dreams the sufferer needed to punish the self for some atrocity he or she committed in a former life (Karma) has enough pain and inconvenience been experienced? Check with Kinesiology (Chapter 4) for the answers to these questions.

## **Steps to Avoid Cancer**

So, if the above are the phases by which you can create cancer what are the steps by which you can avoid it?

(1) Obviously, you should avoid cigarettes, too much sun, take reasonable exercise and eat sensibly.

(2) Even more important than what you eat is what 'eats you' . Thinking badly about yourself or anyone else for more than 60 seconds can create negative energy. So, if you find yourself doing so repeat the general mantra (Ch.19): "I love you. I love you. I love you and I love myself. I release you. I release you. I release you and I release myself." This can generate positive energy in your body. Indeed, you should do this routinely

several times a day.

(3) Scan your dreams. At this stage, you know what to look out for.

(4) Regularly check out the state of your chakras using Kinesiology (Chapters 4 and 13). Do not allow any chakra to remain in a bad condition.

(5) If you have any reason to believe that you are at risk consult your doctor.

(6) Study the Control Dramas (Ch.14) and understand what aspect of your personality contributes to your issues or illness. Try acting out of character.

(7) Keep your colon clean. Arguably, a slow-moving toxic bowel can be a breeding ground for this and other ailments. (See Ch.15)

(8) If you have been diagnosed with having the illness and are on medication the techniques outlined in this book can help and enhance the treatment rather than hinder it. I have found that 'Cutting the Ties that Bind' (Ch.3 and website under 'Family Genetics') with a parent esp. if he or she had the illness, the 3M's,(Ch.19), Chakra Healing(Ch.13), Regression and Progression (Ch.21), Re- entering and Changing Dreams(Ch.19), Genetic Healing Ch.21 and website) and casting out entities (Chapters,2,20 and 21) can all be very effective. Naturally, much of the above advice and many of the techniques mentioned can also be applied to any chronic ailment.

***A note from the author, George Rhatigan.***

So, how do I know all this? For many years, I have been a dream analyst and hypnotherapist. You may wonder what relevance the latter has to understanding dreams. The term 'hypnosis' is based on the Greek word 'Hypnos' who was the god of sleep. There are many myths about this practice and some practitioners like to foster an aura of mystery. In actual fact, there is nothing mysterious about it. All hypnotherapists do is induce a shallow level of sleep (the same level at which we dream) and put the subject into a state in which his or her mind is less resistant to healing suggestions. This is exactly the same as what happens when we dream. You may not fancy yourself as a hypnotherapist but after you have read this book I invite you to try. There are powerful hypnotic procedures in Chapter 21. You can use these to help people re-enter and change a dream, regress to heal a painful incident in the past, or go forward into the future to "rehearse" a job interview, important sporting event or even a romantic

evening. In addition to being therapeutic it can also be great fun. This is simply making good use of the dream state.

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Can you heal yourself and others using dreams? What do dreams say about your health, career, relationships and spirituality? For thousands of years people of all creeds and cultures including the Egyptians, the Greeks, the Romans, the Chinese and many others believed that dreams were important and came from God. Even in the words of the Roman Catholic Church: "Somnia a Deo missa" (some dreams are sent by God) we find an acceptance of their spiritual dimension. But why were so many of these ancient people convinced of this? Is there a consensus of belief among scholars today as to what dreams are? Are they, as many people believe coded messages travelling from one part of the mind to another? Do they contain information unknown to the recipient, insight into the future, a deeper understanding of the cause and solution of our problems, issues and illnesses? In my original profession as a police officer I was always interested in investigating and hopefully solving mysteries and getting to the truth. For that reason dreams fascinated me. I found that trying to make sense of them intellectually was almost a waste of time. Dream dictionaries were also no help to me. To understand them I needed to mentally 'travel' to the dimension from which they came. I needed to communicate with their author. I did this by devising a quick system of meditation and re-entering old dreams. Using this meditation, I found myself telepathically communicating with a wise, knowledgeable aspect of my mind. This, I learned was my soul, my Higher Self which sent me the dreams and invited me to participate in their activities. It quickly explained their meaning and answered all my questions about life, death and the hereafter. I asked it to help me formulate a system of interpretation, which for the first time in history could enable the ordinary 'man in the street' to understand dreams and use their wisdom to heal himself and others.

We are meant to be powerful creative spirits possessing God-like qualities with oneness of mind and intent. Negativity and diversity of mind dis-empowers us. The mind and emotions become scattered in many different directions and, like an army divided against itself, we became powerless. Our dreams try to re-empower us by drawing those scattered elements together in such a way that when we once again achieve our potential we will use it in a positive, rather than negative, way. The extent of this mental

conflict is seen in dreams where we refuse offers from our Guides. They appear as positive people in positions of authority yet our response to them is usually as hostile as our attitude to the healing Agents. We reject their offers or transfer our 'hang-ups' onto them to change their appearance and character. They offer us power and we throw them out. Initially these offers are made, in our dreams, in a kindly and pleasant manner. The 'gifts' are literally offered to us on a silver platter - or gold if one happens to be a healer. If we continue to dig our heels in and stubbornly refuse to co-operate we are reminded of the contract or commitment we made in Spirit prior to birth in this incarnation. This is an agreement to (a) undertake certain work or activity and (b) to develop an agreed positive quality in the process. However, what seemed like a good idea on the Spirit plane can come into conflict with earthly conditioning and the conventional values of society. In this case, our dreams become less pleasant as they insist we remain faithful to our original mission. Further resistance will induce even the most strident dreams and, finally - nightmares that indicate how this negativity and resistance will eventually lead to the dreamer's illness and death. Scenes of conflict, war, and destruction, will become a nightly occurrence until we come to our senses and ask, 'What does God want of me?' Your dreams will tell you if you communicate with the authority figure (Guide).

*This information is not meant as a substitute for medical intervention but rather as a source of complimentary support and inspiration and encouragement on the path to healing, health and wellbeing.*

For further details consult Georges e-book: Healing with Dreams in the New Age.